



## WOUND CARE INSTRUCTIONS

- **Shave Biopsy | Punch Biopsy | Cryotherapy "Freezing" | Other**
  1. Cleanse the wound with gentle soap and water 1-2 times per day  
(You may also use a cotton ball with 1 part vinegar-4 parts water)
  2. Apply Vaseline/petrolatum (**NOT NEOSPORIN**) and cover with a bandage until healed.  
*Sensitive skin* bandages are best.
  3. It is normal for the site to be red, but if you notice any signs of infection such as fever, drainage, or marked redness, swelling, or intense pain, please call our office.
- **You have stitch(es) that need to be removed in \_\_\_\_\_ days at HOME or OFFICE**

All biopsy specimens are sent to a pathology lab for evaluation. Charges incurred by pathology services are billed separately from your Derma office visit, through the Skin Pathology Associates lab. Charges will reflect your insurance policy's coverage of pathology services.
- **Your child has cantharidin on his/her skin that should be washed off in \_\_\_\_\_ hours.**

Children with molluscum should receive Vaseline as moisturizer everywhere to prevent spread.

## Results: What to Expect

### What about my pathology or lab results?

OUR TEAM WILL CALL YOU if your results require further treatment or discussion. Do not be alarmed if you receive results in your portal before our team has called you to discuss them. You may call us at the phone numbers below for more information. If your results are considered benign, our team will not call you.

We encourage you to read more about your diagnoses at [DermNetNZ.org](http://DermNetNZ.org)

### Where do I access my portal?

[dermabirmingham.ema.md](http://dermabirmingham.ema.md)



### What is my username?

ALL CAPS first initial, last name, last two digits of birthdate:

Example: John Smith 1955 would be **JSMITH55**

**What is my temporary password?** Derma1234!

**IMPORTANT!** \* **Questions? Text 205-825-5577 OR Call 205-825-5575**

### When will I get access to my portal?

After your visit today you will get an email from "Patient Portal" with an activation link. The link expires after 72 hours. If you miss the window, enter your username and click "Forgot My Password" to get a new link. If you need help, call or text numbers above.



We encourage you to read more about your diagnoses at DermNetNZ.org

# MEDICATION INFORMATION

Notify us **if any prescription costs more than \$65** (it shouldn't).  
To save you money, we prescribe to various pharmacies circled below.

Diagnosis \_\_\_\_\_

Medication \_\_\_\_\_

Location \_\_\_\_\_

Prescription or Over-the-Counter or Sample

**Your Pharmacy or Mail Pharmacy:**

**PharmSouth | GoodRX | CostPlus | Compound Pharmacy**

Your Insurance or GoodRX Coupon

Diagnosis \_\_\_\_\_

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## NOTES

### MAIL PHARMACY INFO

Big Country: (325) 704-5222

CostPlus: (833)-926-3384

Please create a CostPlusDrugs.com account before you can hear about CostPlus prescriptions:

PharmSouth: (205) 991-5265

GoodRX: (877) 219-7537

