

ECZEMA WET WRAPS

Treat flares, prevent hospital visits and sleepless nights.

WARM BATH OR SHOWER

Dove sensitive skin bar soap or CLN body wash



FULL BODY EMOLLIENT

Vanicream cream or petrolatum ointment



Learn
more



APPLY ANTI-INFLAMMATORY CREAM OR OINTMENT

Talk to your dermatologist about the right prescription



WET PAJAMAS

Dip long, cotton pajamas into warm water, wring out, and put them on



DRY PAJAMAS

Add an extra pair of dry pajamas and a warm blankets for 20-30 minutes



Repeat up to 3 times per day during flares.

